



# The Lakes Region: Action Plan

## Connecting Communities to Support Families and Well-Being

**The Lakes Counties:** Ballard, Caldwell, Calloway, Carlisle, Christian, Crittenden, Fulton, Graves, Hickman, Hopkins, Livingston, Lyon, Marshall, McCracken, Muhlenberg, Trigg and Todd

Prevention Strategies	Prevention Objectives	Levels of Prevention Addressed (Primary and/or Secondary)	Projected Timeline (Short term or Long Term)
Increase caregiver connection to needed supports	Connect caregivers and providers to child care resources, including compiling all area resources for childcare as well as startup/alternative to center-based care options	Primary	Short term (3-6 months)
	Spread community awareness of available domestic violence resources with flyers, etc. in public areas (e.g. libraries, gas stations, pediatrician offices) and benefits of getting help	Secondary	Short term (6-12 months)
	Assess gaps in services to address needs correlating with domestic violence prior to shelter usage	Secondary	Short Term (3-6 months)
Increase caregiver connections to opportunities for social connection	Determine ways to bolster informal caregiver connection and support amongst peer groups	Secondary	Short term (6-12 months)
	Explore engagement strategies with FRYSCs and caregiver events	Primary	Short Term (3-6 months)
	Increase parent attendance at parent cafes and parenting classes	Primary	Short term (6-12 months)

**Primary prevention** activities are directed at the general population and attempt to stop maltreatment before it occurs, with all community members having access to and opportunities to benefit from services.

**Secondary prevention** activities focus on offering services to at-risk populations, with one or more risk factors associated with child maltreatment, such as poverty, parental substance misuse or parental mental health concerns, and may focus on communities with high incidence of identified risk factors.

**Tertiary prevention** activities focus on families where maltreatment has already occurred, seek to reduce the negative consequences of the maltreatment, and to prevent its recurrence.