



Eastern Mountain Region: Action Plan

Connecting Communities to Support Families and Well-Being

Eastern Mountain counties: Breathitt, Floyd, Johnson, Knott, Lee, Leslie, Letcher, Magoffin, Martin, Owsley, Perry, Pike and Wolfe

Prevention Strategies	Prevention Objectives	Levels of Prevention Addressed (Primary and/or Secondary)	Projected Timeline (Short term or Long Term)
Increase parent engagement and access to support and resources	Expand resource guides to include resources specific to food and family housing for recovery/second-chance housing	Primary and Secondary	Short term (6-12 months)
	Distribute Big Sandy RIAC resource guide amongst community partners (incl. non-traditional) through QR codes, magnets, and social media and connect with KY River for a resource list	Primary	Short term (6-12 months)
	Establish public places for resource searches	Primary	Long term (12+ months)
Explore strategies to address child care desert	Assess barriers to opening daycares for special needs/medical daycares	Primary and Secondary	Short Term (3-6 months)
	Connect with the Division of Child Care about reducing barriers to becoming certified for family childcare homes	Primary	Short Term (6-12 months)

Primary prevention activities are directed at the general population and attempt to stop maltreatment before it occurs, with all community members having access to and opportunities to benefit from services.

Secondary prevention activities focus on offering services to at-risk populations, with one or more risk factors associated with child maltreatment, such as poverty, parental substance misuse or parental mental health concerns, and may focus on communities with high incidence of identified risk factors.

Tertiary prevention activities focus on families where maltreatment has already occurred, seek to reduce the negative consequences of the maltreatment, and to prevent its recurrence.