



Cumberland Region: Action Plan

Connecting Communities to Support Families and Well-Being

Cumberland counties: Adair, Bell, Casey, Clay, Clinton, Cumberland, Green, Harlan, Jackson, Knox, Laurel, McCreary, Pulaski, Rockcastle, Russell, Taylor, Wayne and Whitley

Prevention Strategies	Prevention Objectives	Levels of Prevention Addressed (Primary and/or Secondary)	Projected Timeline (Short term or Long Term)
Increase parent engagement	Increase number of families using available resources and attending events	Primary	Long term (12+ months)
	Assess barriers to engagement	Primary	Short Term (3-6 months)
Build resource awareness and collaboration	Increase awareness of available transportation options	Primary	Short term (6-12 months)
	Connect partners around shared utilization and advertisement of common resource platform	Primary	Short term (6-12 months)
	Increase collaboration among entities sharing or providing resources	Primary	Long term (12+ months)
Increase support for additional caregivers raising children	Increase number of support groups for grandparents raising children, specifically before and during teen years	Secondary	Long term (12+ months)
	Increase availability of paper resource guides for caregivers without technology	Secondary	Short term (6-12 months)
	Increase caregiver awareness and education around child development norms	Secondary	Short term (3-6 months)

Primary prevention activities are directed at the general population and attempt to stop maltreatment before it occurs, with all community members having access to and opportunities to benefit from services.

Secondary prevention activities focus on offering services to at-risk populations, with one or more risk factors associated with child maltreatment, such as poverty, parental substance misuse or parental mental health concerns, and may focus on communities with high incidence of identified risk factors.

Tertiary prevention activities focus on families where maltreatment has already occurred, seek to reduce the negative consequences of the maltreatment, and to prevent its recurrence.