

FOSTER YOUTH

NAVIGATING THE CHILD WELFARE SYSTEM

*"There is no such thing as a bad kid. Don't give up."
- Lived Experience Focus Group Participant*

WHAT YOU SHOULD KNOW RIGHT NOW

- Know your rights
- Find a peer or support person
- Keep your documents up to date
- Know where all your belongings are and keep track of them
- Know how to contact workers, including the Guardian Ad Litem (GAL) or Court Appointed Special Advocate (CASA)
- Plan ahead for personal finances after exiting care



SUPPORT

- Aetna Supporting Kentucky Youth (SKY) Program
- Kentucky RISE
- KY Voices of the Commonwealth
- True Up Peer Network



A SPECIAL THANK YOU TO CASEY FAMILY PROGRAMS

WHO CAN YOU CONTACT



Case worker: _____

Supervisor: _____

Phone: _____

Phone: _____

Email: _____

Email: _____

Working hours: _____

Working hours: _____

Have basic needs?

- Call 2-11
- Division of Family Support
855-306-8959
- kynect.ky.gov/resources
- myky.info

Need legal advice?

- Civil Legal Aid Programs
kyjustice.org/contact-us

Questions or issues?

- Commonwealth Office of the Ombudsman
(866) 596-6283
- Citizen Foster Care Review Board
CFCRB@kycourts.net