

# NAVIGATING THE CHILD WELFARE SYSTEM

*"Keep your head up. You can make the way for you and your child(ren) to have the best life ever." - KY SEAT member, Fayette County*

## BIRTH PARENTS (MOTHERS AND FATHERS)



### WHAT YOU SHOULD KNOW RIGHT NOW

- Know your rights
- Seek legal advice as early as possible
- Keep written records, such as paper copies and email
- Don't go through this on your own. Ask for a professional peer support person—they used to be you!

### SUPPORT

- Commonwealth Center for Fathers and Families
- KY SEAT Statewide Parent Council
- Kentucky Partnership for Families and Children Peer Support



A SPECIAL THANK YOU TO CASEY FAMILY PROGRAMS

## WHO CAN YOU CONTACT



Case worker: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Phone: \_\_\_\_\_

Phone: \_\_\_\_\_





Email: \_\_\_\_\_

Email: \_\_\_\_\_

Working hours: \_\_\_\_\_

Working hours: \_\_\_\_\_

#### Have basic needs?

-  Call 2-11
-  Division of Family Support  
855-306-8959
-  [kynect.ky.gov/resources](http://kynect.ky.gov/resources)
-  [myky.info](http://myky.info)

#### Need legal advice?

-  Civil Legal Aid Programs  
[kyjustice.org/contact-us](http://kyjustice.org/contact-us)

#### Questions or issues?

-  Commonwealth Office of the Ombudsman  
(866) 596-6283
-  Citizen Foster Care Review Board  
[CFCRB@kycourts.net](mailto:CFCRB@kycourts.net)