

Cumberland Region: Action Plan

Connecting Communities to Support Families and Well-Being

Prevention Strategies	Prevention Objectives	Levels of Prevention Addressed (Primary and/or Secondary)	Projected Timeline (Short term or Long Term)	Ranking (From Comment Period Feedback)
Prevention Strategy 1: Increase parental support and education	Distribute up-to-date resource information to all trusted messengers	Primary and secondary	Short term: 3-6 months	1
	Increase referrals to locally available prenatal and postpartum parenting support programs	Primary and secondary	Long term: 12+ months	2
	Host parents' night out child-raising learning sessions	Primary	Short-long term: 6-12 months	3
	Create a communication plan to advertise available resources and events to the community	Primary and secondary	Short term: 6-9 months	N/A
Prevention Strategy 2: Increase access to transportation	Identify community partners to apply for transportation grant funding	Primary and secondary	Short term: 6 months	2
	Establish a sustainability plan for continued transportation funding	Primary and secondary	Short and long term 6-12+ months	1