Adverse Childhood Experiences (ACEs) are traumatic or stressful events that have lifelong impacts on health and opportunity. In Kentucky, one in five children have already experienced at least two ACEs. Among adults in The Lakes Region, 37% have experienced at least two ACEs when they were children and 14% have experienced five or more.

THE PAIR OF ACEs
Children need healthy “soil” for a thriving “tree” of experiences. When kids grow up in challenging community environments, such as neighborhoods with high poverty, violence, and incarceration, it can limit opportunities and their ability to bounce back from trauma.

The data above represent adults who experienced ACEs as a child and children who have already experienced an adverse event.

Sources:
- Data on adults who experienced ACEs is from the Kentucky Department for Public Health and the Centers for Disease Control and Prevention, Kentucky Behavioral Risk Factor Survey Data - Adverse Childhood Experiences, 2020.
- Data on the percent of children who experienced ACEs is from the 2019-20 National Survey of Children’s Health.
- Number of child victims of abuse or neglect in 2020 from the Cabinet for Health and Family Services, Department for Community Based Services.
- Poverty and rental cost burden data is from the U.S. Census Bureau, 2016-2020 American Community Survey 5-year estimates.
- Data on unemployment is from the U.S. Bureau of Labor Statistics.
- Incarceration rates are from the Vera Institute of Justice, Incarceration Trends.

**Data not available on regional level**

Visit bloomkentucky.org for a more holistic view of child well-being in Kentucky and data on disparities by race, ethnicity, and gender.