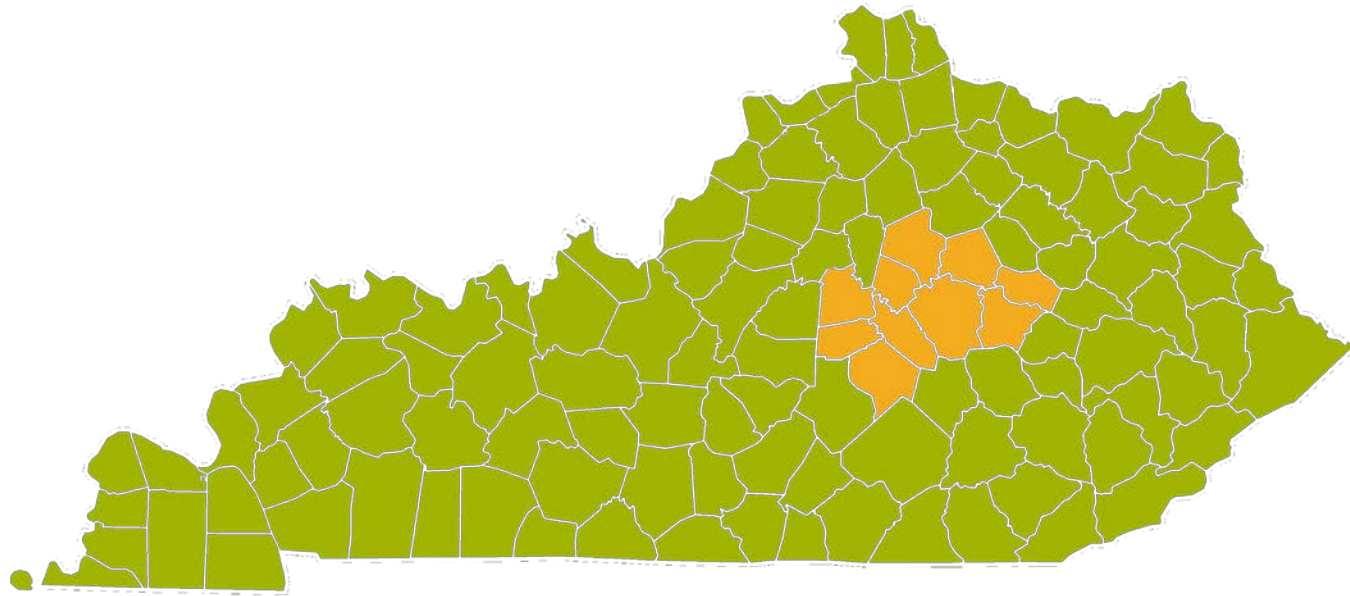


# Family First Prevention Services Act Southern Bluegrass Regional Convening



# PREVENTION

Go to [www.menti.com](https://www.menti.com) and use the code 70 53 45 7

When you hear the word PREVENTION what other word comes to mind? (One word)

 Mentimeter





# Family First Virtual Forum 2020

## Southern Bluegrass Service Region

**Kentucky Youth Advocates**  
**Administrative Office of the Courts**  
**Department for Community Based Services**  
**November 17<sup>th</sup>, 2020**

# Family First Prevention and Services Act: A Key Lever in Kentucky's Child Welfare Transformation



# Family First Prevention Services Act

- Landmark legislation: Most significant child welfare law in 20 years.
  - Dramatically alters the federal financing structure for child welfare programming (Title IV-E) *through partial reimbursement*
  - Prevent entry into foster care
  - Keeping children in family based settings
  - Restricting funds for out-of-home care that is not a foster home

# Major provisions: Prevention

- FFY2020: States gain the option to use federal title IV-E funding for prevention services for children, parents and/or kin caregivers
- **Evidence based** prevention services include:
  - *In-home, skill-based parenting programs*
  - *Substance abuse treatment and prevention*
  - *Mental health treatment*



When you know  
better you do better.

Maya Angelou

quote fancy

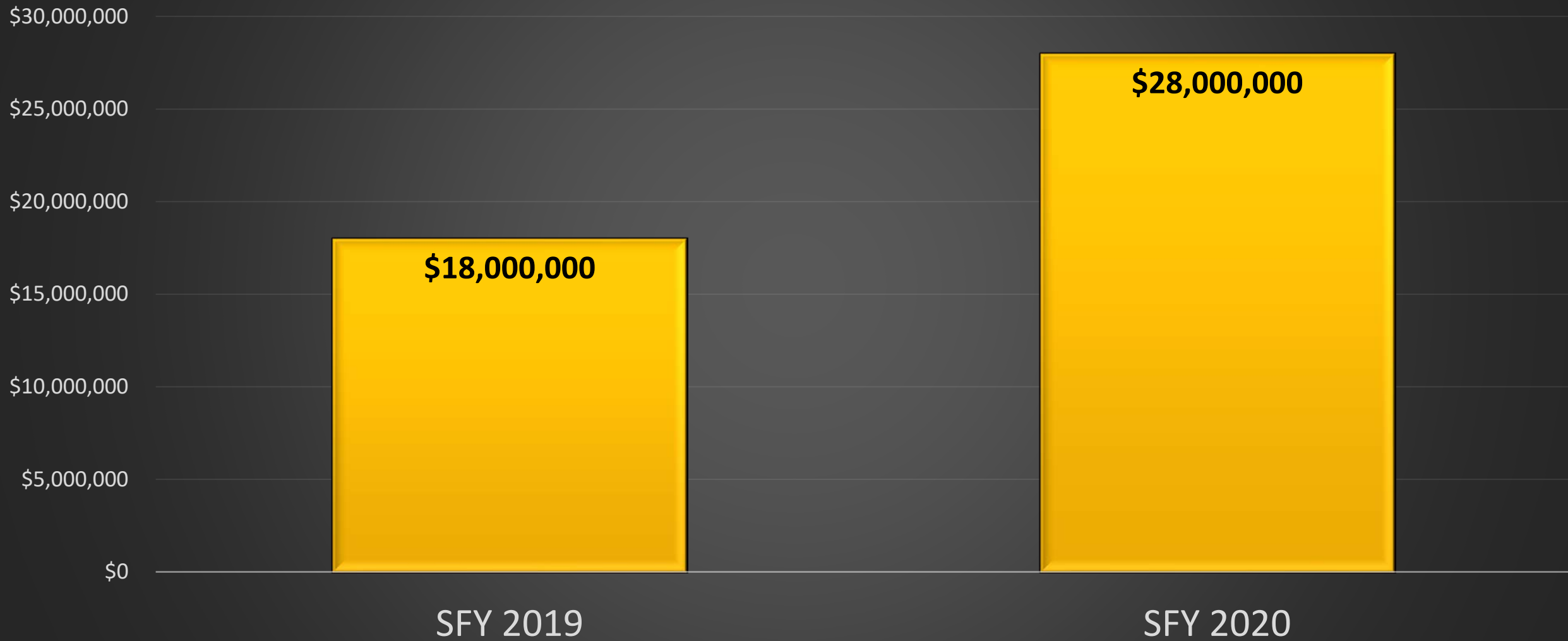


# Reorientation around prevention





# Prevention Services



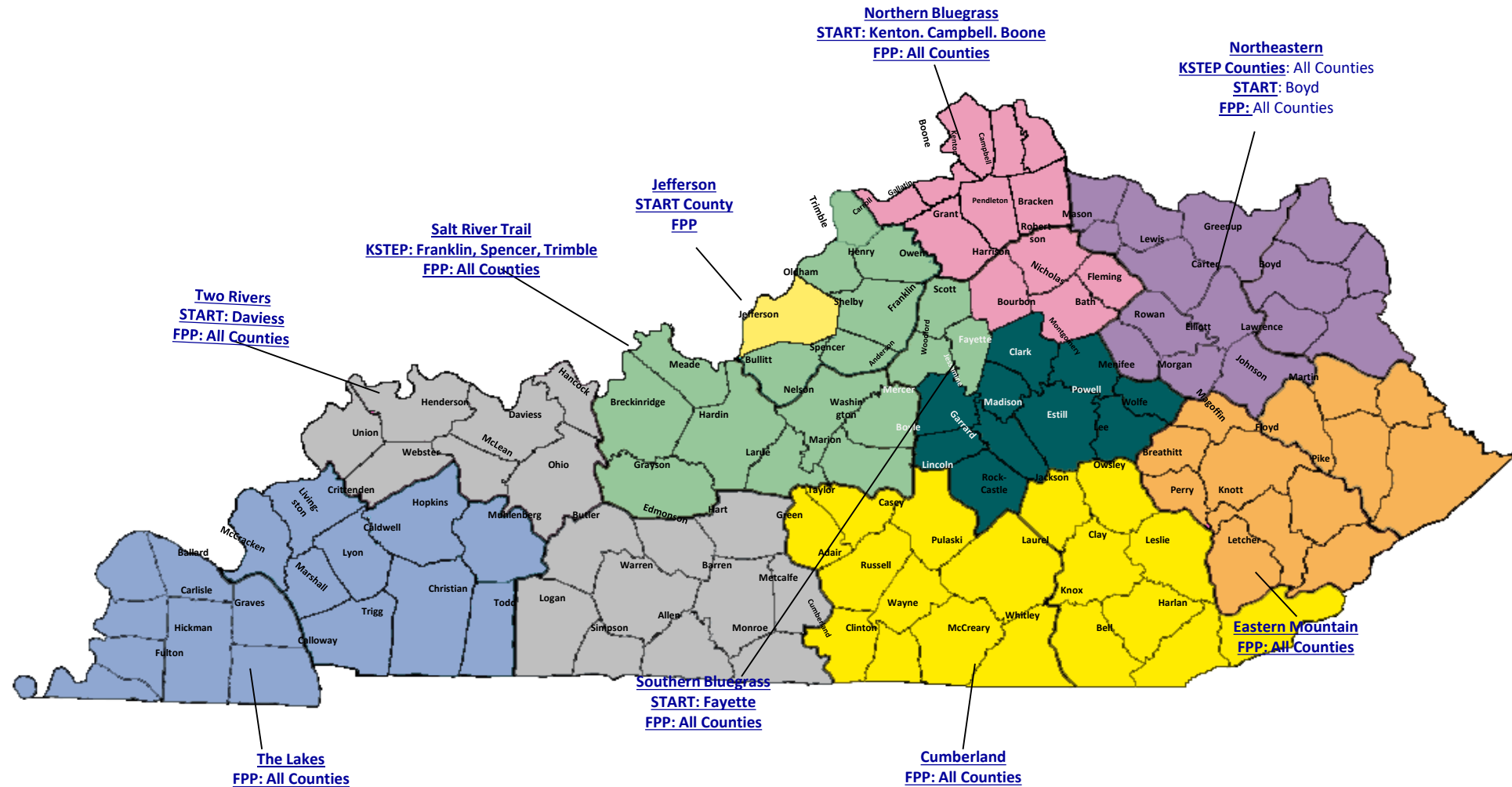
Of the \$20M spent on Family Preservation Program (FPP), 93% of those families remained together and did not result in a child being removed from the home.

*Why does it take a traumatic event that leads to the child being removed from their home in order for us to respond?*

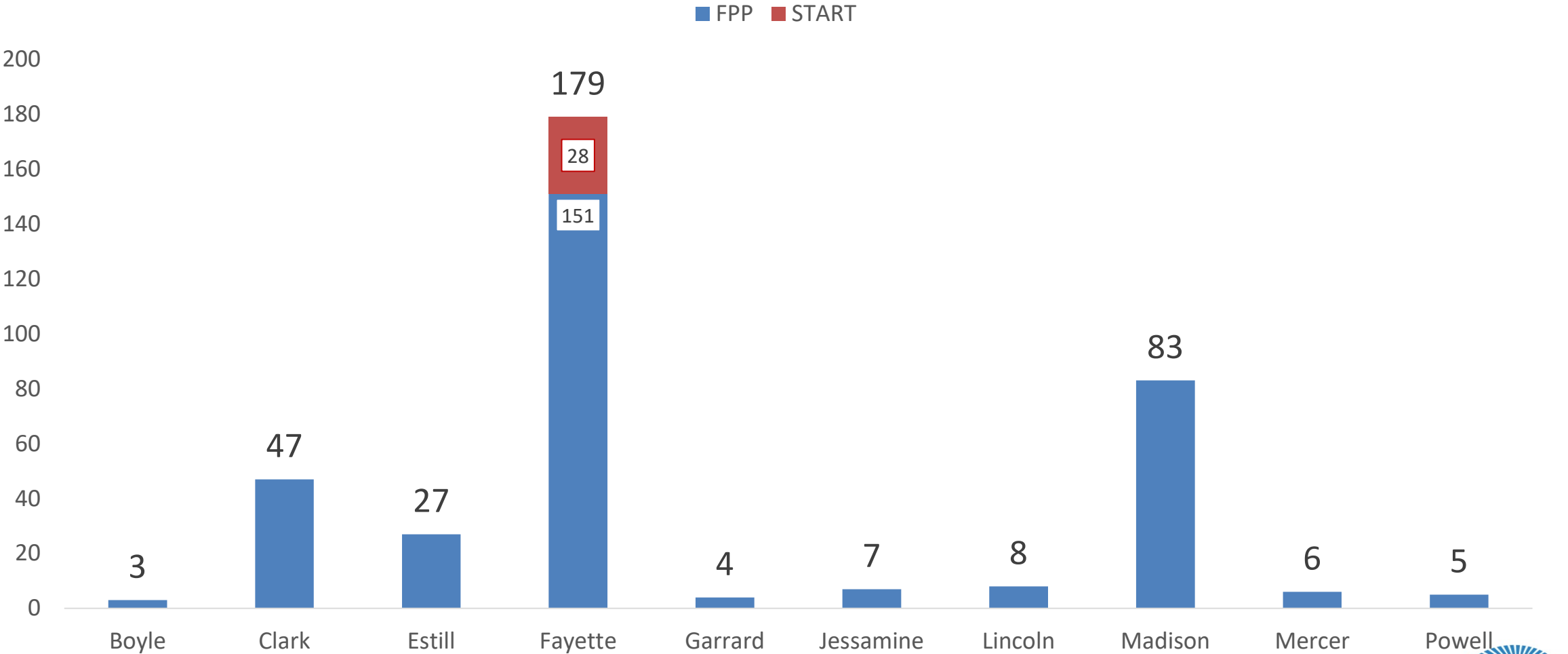
# Family First Prevention Services in Kentucky

- **Family Preservation Program (FPP)**
  - Intensive Family Preservation Services (IFPS)
  - Family Reunification Services (FRS)
  - Families & Children Together Safely (FACTS)
  - Diversion
  
- **Kentucky Strengthening Ties and Empowering Parents (KSTEP)**
  
- **Sobriety Treatment and Recovery Team (START)**

## Family First Prevention Services by Region



# Southern Bluegrass: Families Receiving In Home Services SFY2020 – (N = 369)



# Family Preservation Program SFY 20 Data

Families served: 2762

Children served: 4,999

- **Percentage of children in the home at closure: 93%**
- Percentage of children in the home at 6 months: 92%
- Percentage of children in the home at 12 months: 86%

The number of children who would have been placed in OOHC if services were not available (at risk of placement): 4,665

# ***Family Preservation Expansions***

- SFY 19 and SFY 20 expansions for Evidence Based Practice (EBP) capacity, training and service provision
- 23% increase in families served projected through SFY 2021



# Kentucky Strengthening Ties and Empowering Parents (KSTEP) SFY 20 Data

Families served: 202

Children served: 380

Children removed to OOHC: 24

➤ **Percentage of children in the home at closure: 93%**

The number of children who would have been placed in OOHC if services were not available (at risk of placement): 356

# Kentucky Strengthening Ties and Empowering Parents (KSTEP) Expansions

- First expansion in July of SFY 20
  - Expanded from 4 counties in Northeastern service region to 8 counties
  - Served an additional 49% of families
- Second expansion in May/June of SFY 20
  - Expanded from 8 counties to 15 counties to cover the entire Northeastern service region
  - Expanded to serve an additional 72% of families

# Kentucky Opioid Response Efforts (KORE)

- KORE seeks to establish a comprehensive response to Kentucky's opioid crisis by expanding access to opioid prevention, treatment and recovery support services
- Through partnership with the Department for Behavioral Health, Developmental and Intellectual Disabilities, KSTEP will expand utilizing KORE funding into 3 counties in the Salt River Trail Service Region
  - Expansion to serve an additional 47%
- START is also funded in two counties through KORE funding
  - Campbell and Boone counties

# KY START Data and Outcomes

- In FY20 START served: 403 families  
753 children
- For cases that closed in FY20 START retained 65% of children with the parents at closure, and 26% with a relative at closure, with 91% of children with either a parent or relative at closure
- Studies of START have also found parents in START achieve higher rates of early recovery and improve in their parental capacity
- START is listed on the **CEBC** (California Evidence Based Clearinghouse) as having *promising research evidence*

# Family First Prevention Program Costs Per Child

- Family Preservation Program: \$3,495
- Kentucky Strengthening Ties and Empowering Parents: \$5,028
- Sobriety Treatment and Recovery Teams: \$4,105

The average cost per child in foster care: \$52,481

# Title IV-E Prevention Plan

- Prior to implementation, all states must submit a Title IV-E Prevention Plan
- The plan must outline the Evidence Based Practices (EBPs) to be used by the state over a five year period
- The plan can be amended over time as new EBPs are approved by the Title IV-E Prevention Services Clearinghouse
- Kentucky's Prevention Plan submission included the following **EBPs**:

# Evidence Based Practices (EBPs):

## Mental Health

- Parent Child Interaction Therapy (PCIT)
- Multisystemic Therapy (MST)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Functional Family Therapy (FFT)

## Substance Abuse

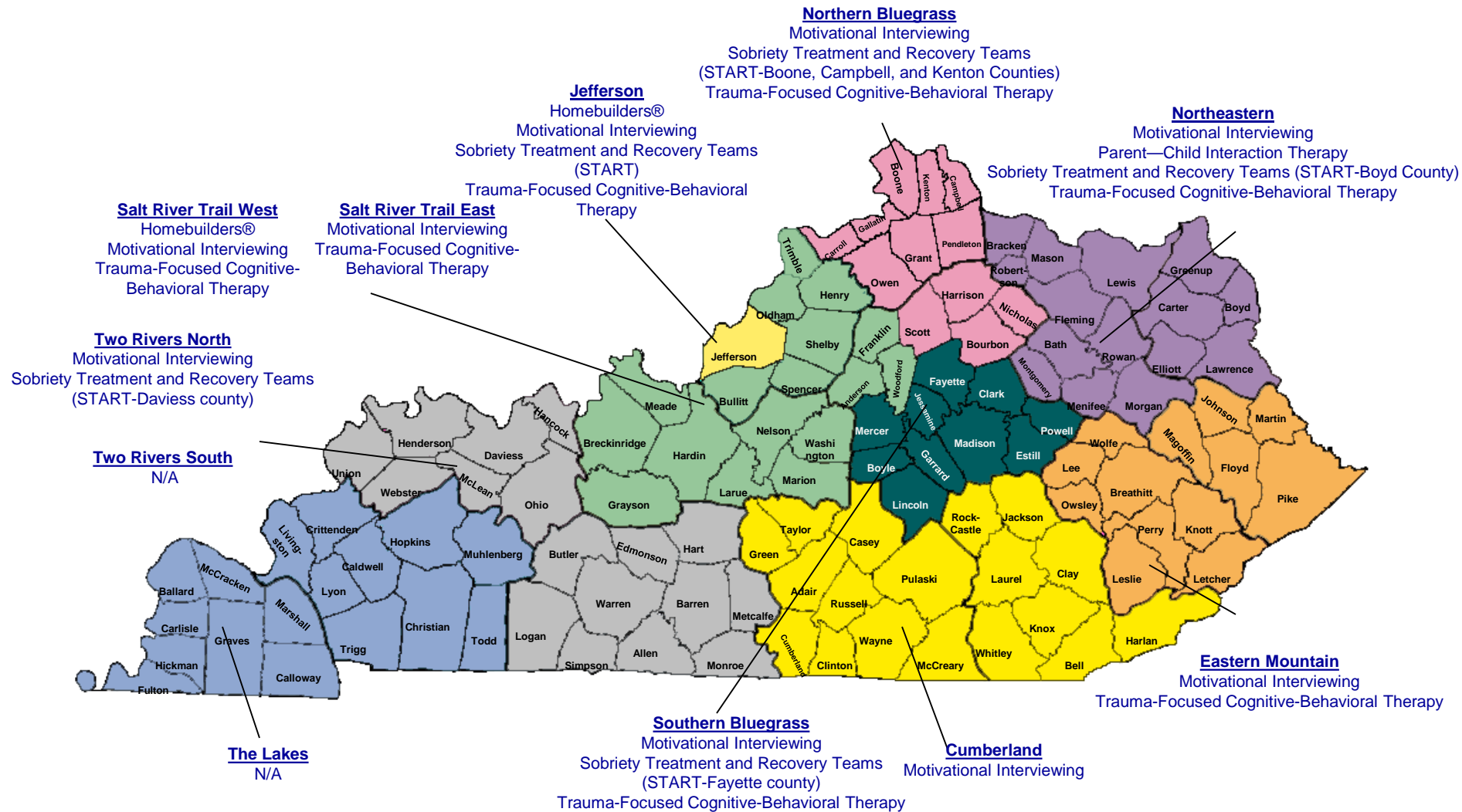
- Sobriety Treatment and Recovery Teams (START)
- Motivational Interviewing (MI)
- Multisystemic Therapy (MST)

## In-home Parenting Skills

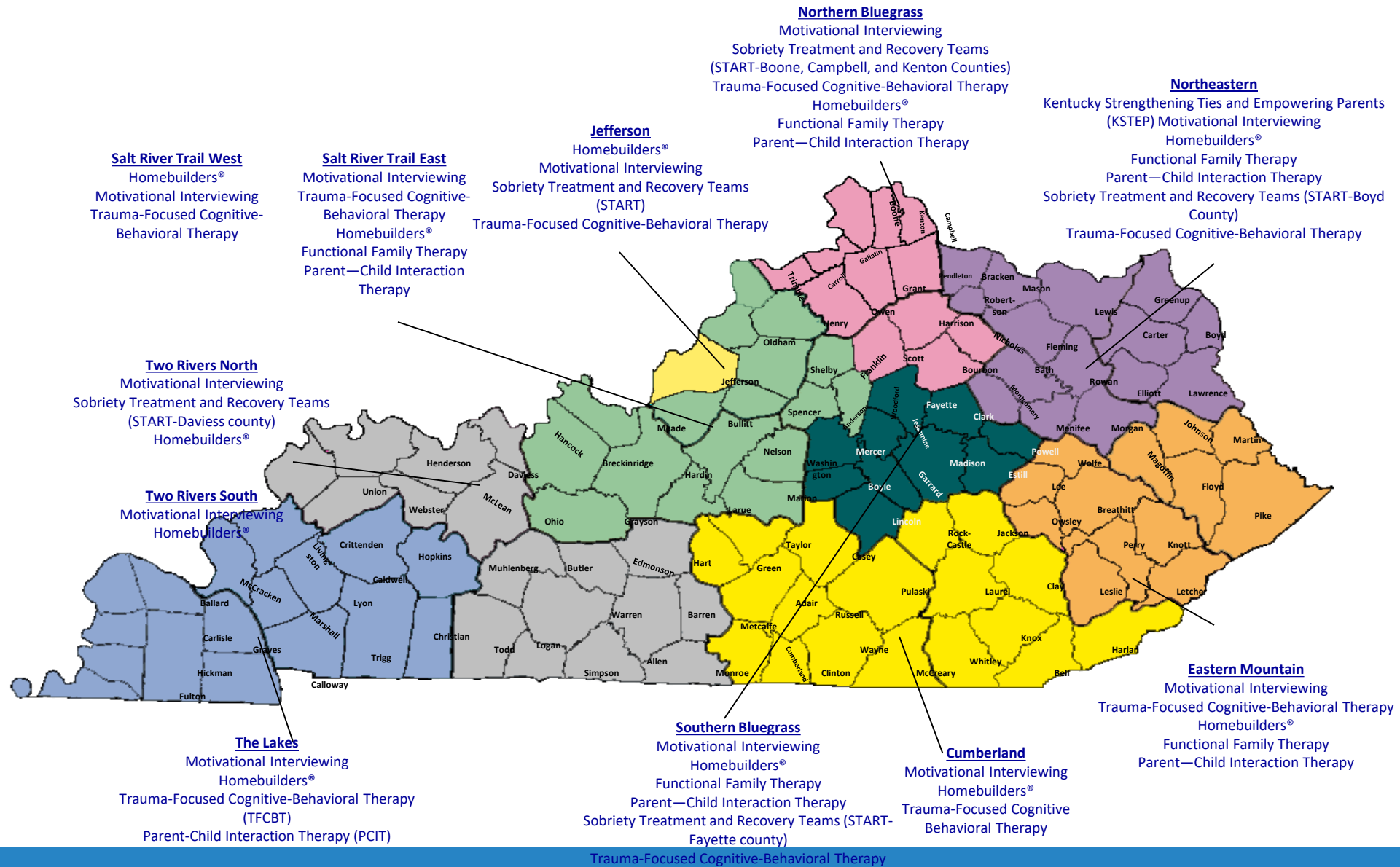
- Homebuilders
- Sobriety Treatment and Recovery Teams (START)



# October 2019 Evidence-Based Practice Interventions for Family First In-Home Services



# October 2020 Evidence-Based Practice Interventions for Family First In-Home Services



# Systems Enhancements

## ➤ Continuous Quality Improvement Processes

- Reach reporting
- EBP fidelity monitoring
- Quarterly stakeholder meetings

## ➤ Advancing technology/data collection

- Electronic referral and invoicing
- Data collection to inform needs
- Tracking specialized populations

# Right-sizing congregate care



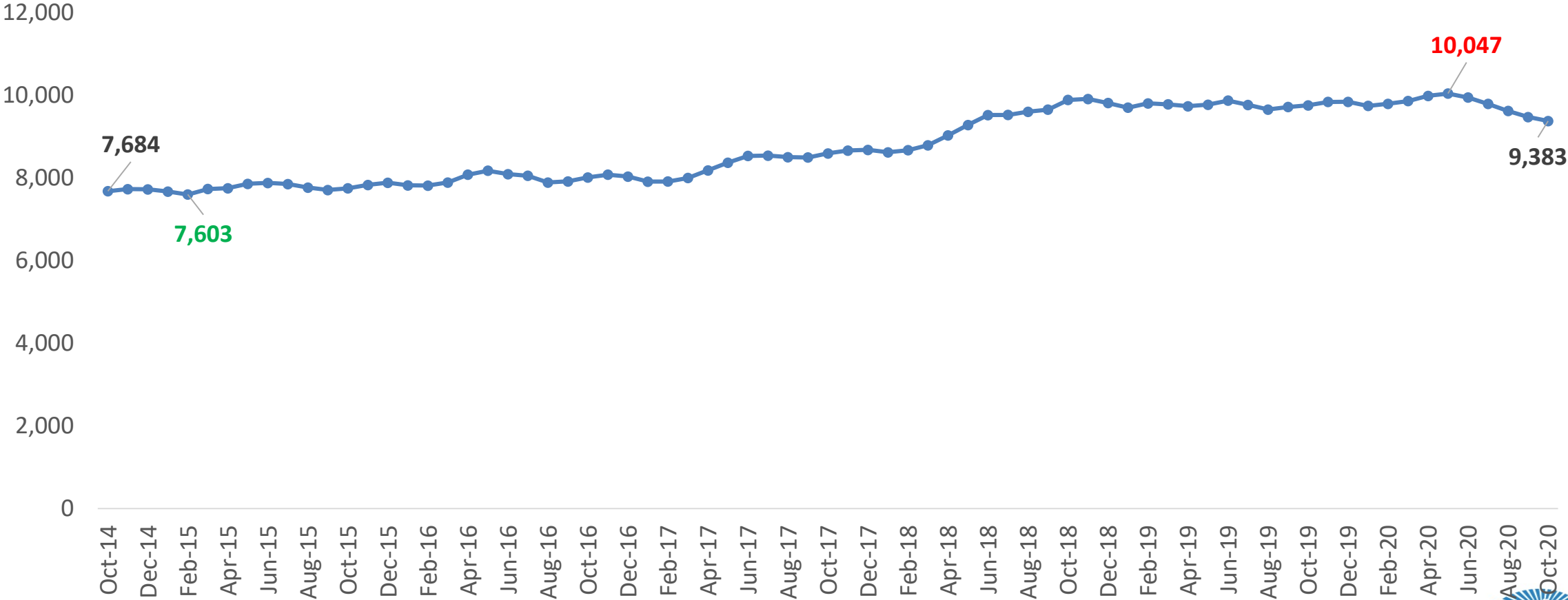


# Major provisions: Congregate care

- Applies significant restrictions to federal reimbursement for children and youth placed in congregate care
  - ✓ Facilities that meet the *Qualified Residential Treatment Program* (QRTP) criteria for any child's stay beyond 2 weeks
  - ✓ Children whose assessment completed within 30 days indicates their clinical needs are best met in that setting
- Additional safeguards for children placed in QRTPs include specific case planning requirements, review and hearing requirements, and court approval of placements

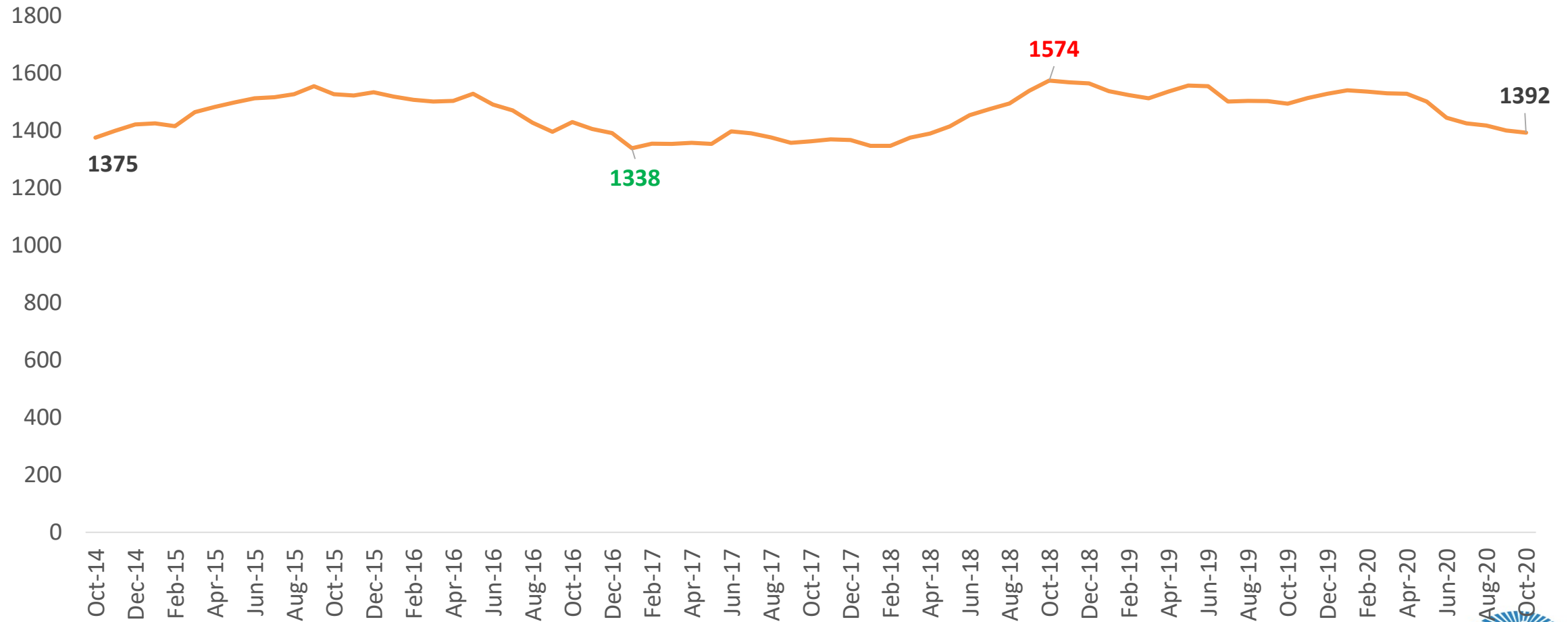
# Statewide: # of Children/Youth in OOHC

October 2014 – October 2020



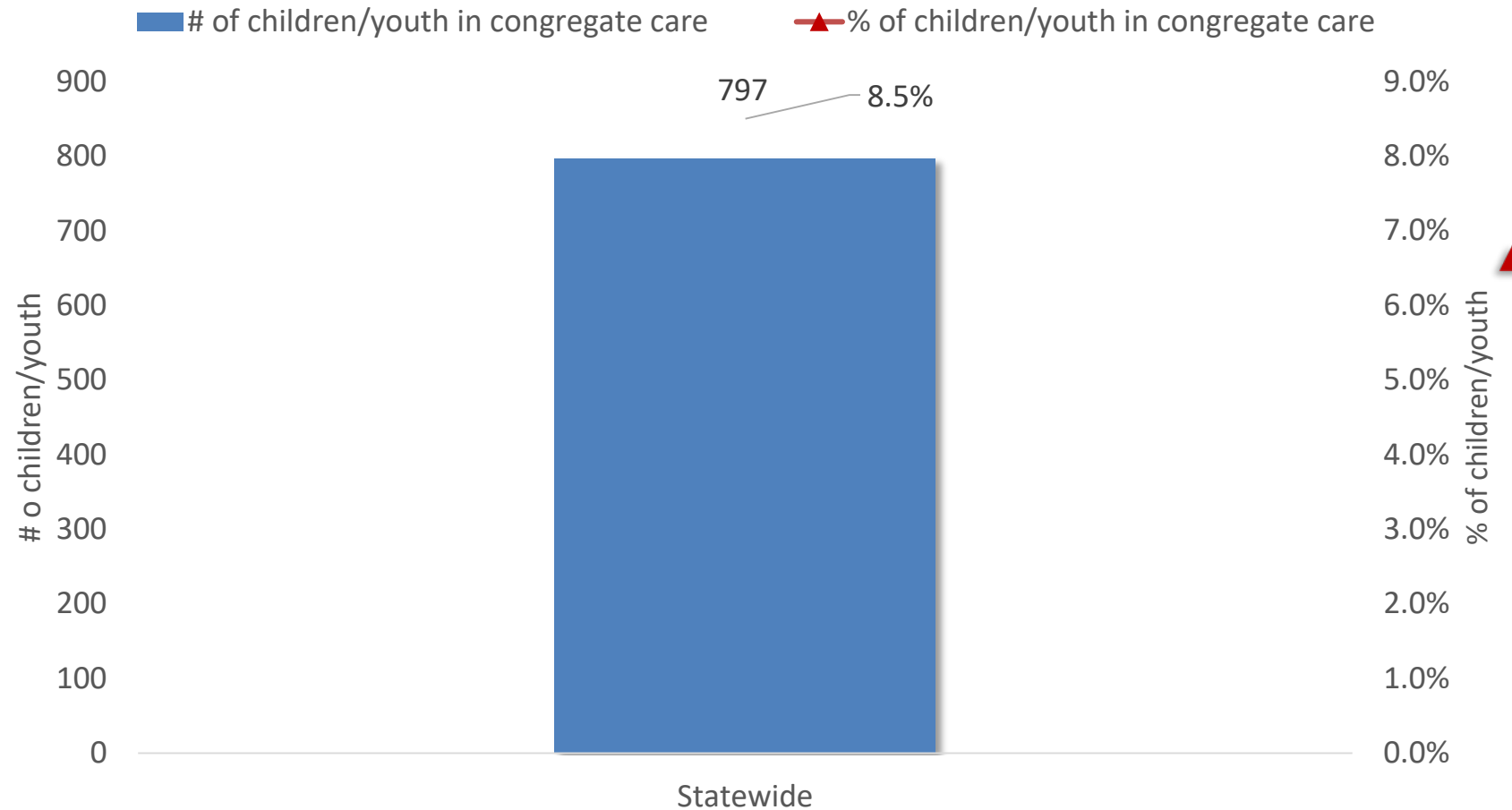
# Southern Bluegrass: # of Children/Youth in OOHC

October 2014 – October 2020





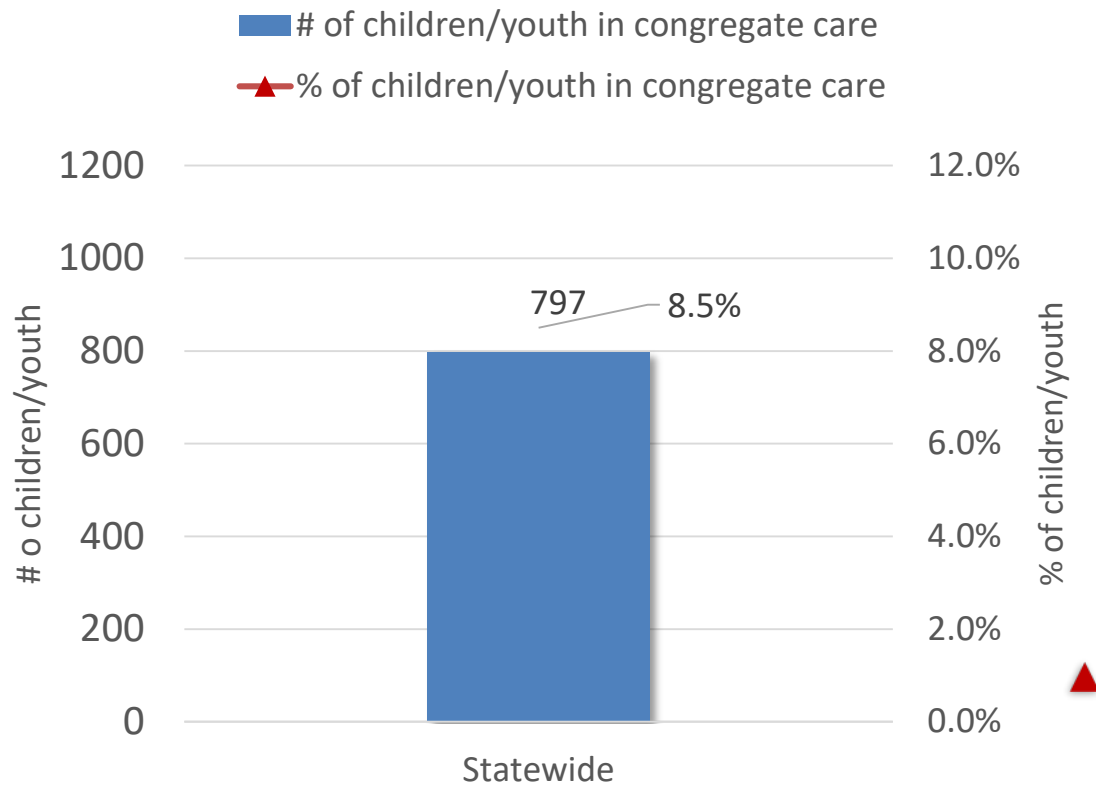
# Statewide: Children/Youth in Congregate Care



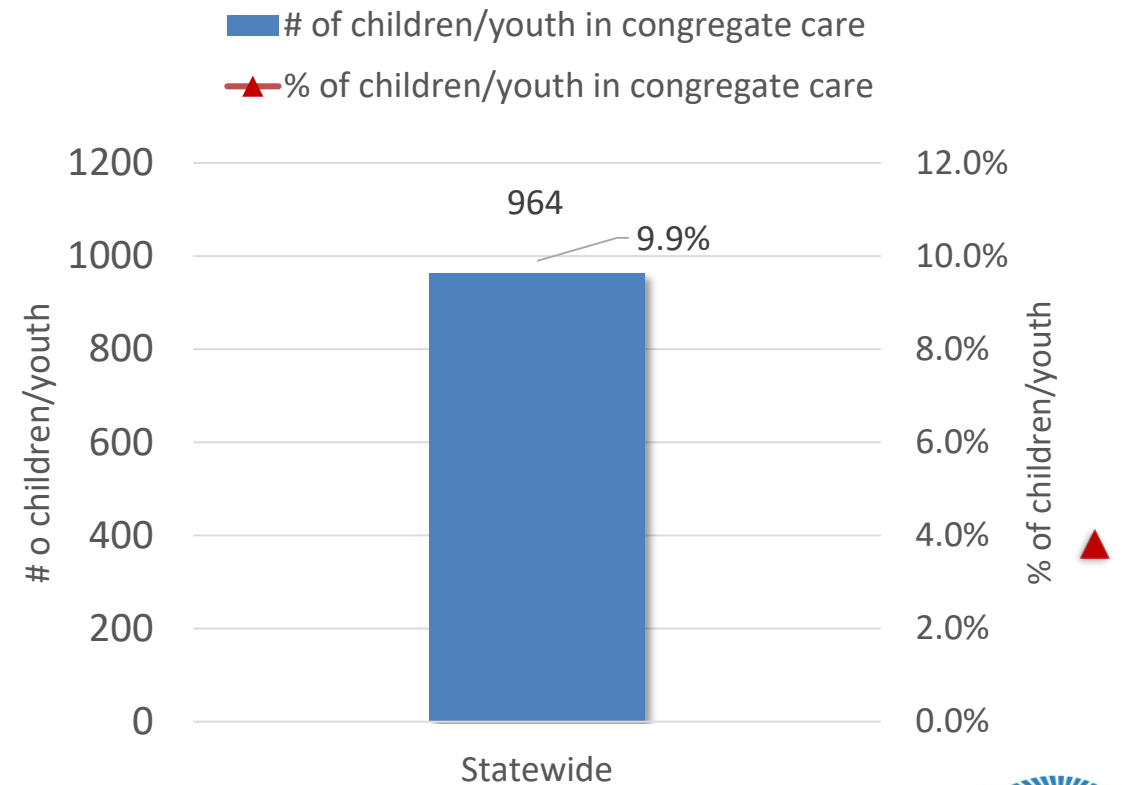
# Statewide: Children/Youth in Congregate Care

This Year Compared to Last Year

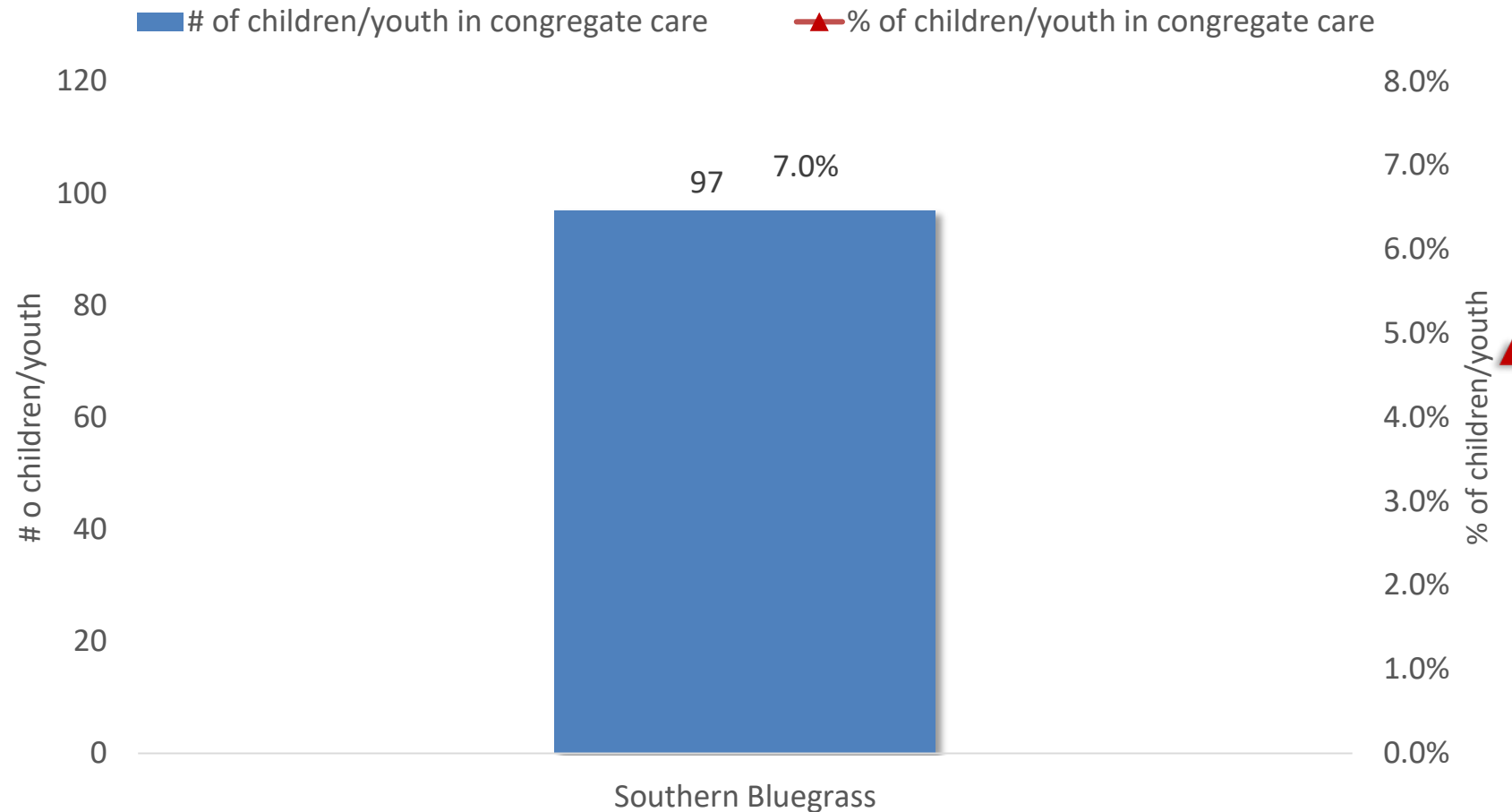
## October 2020



## October 2019

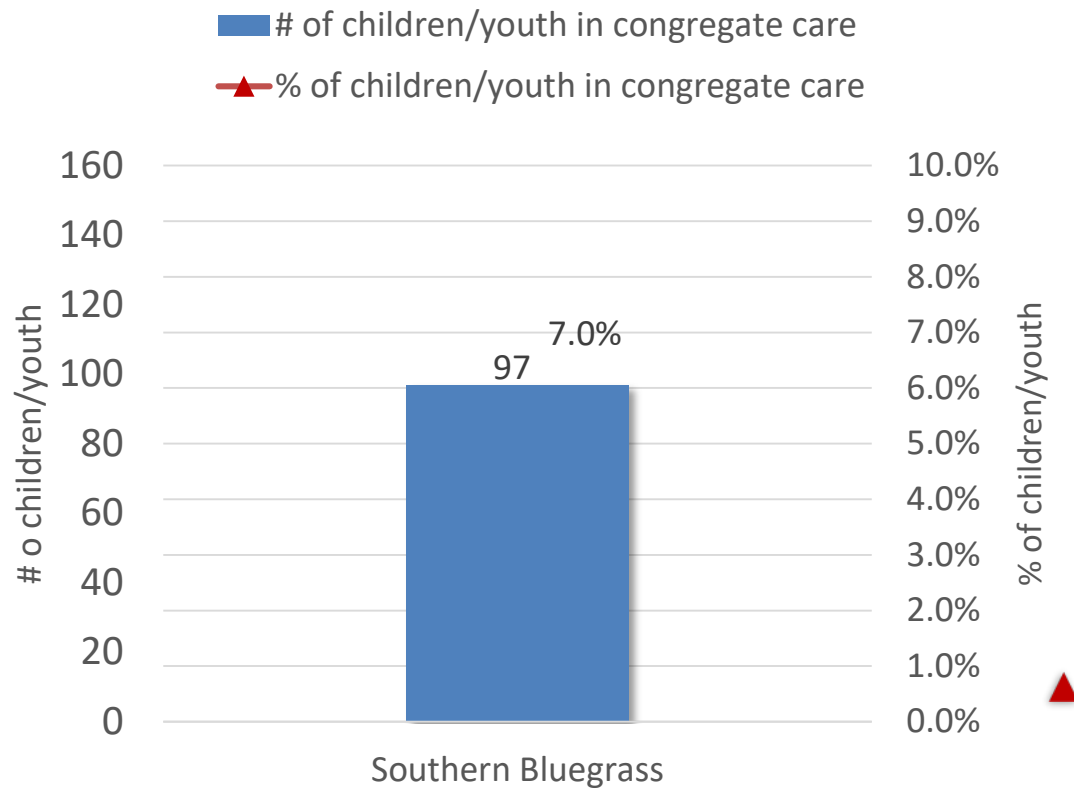


# Southern Bluegrass: Children/Youth in Congregate Care

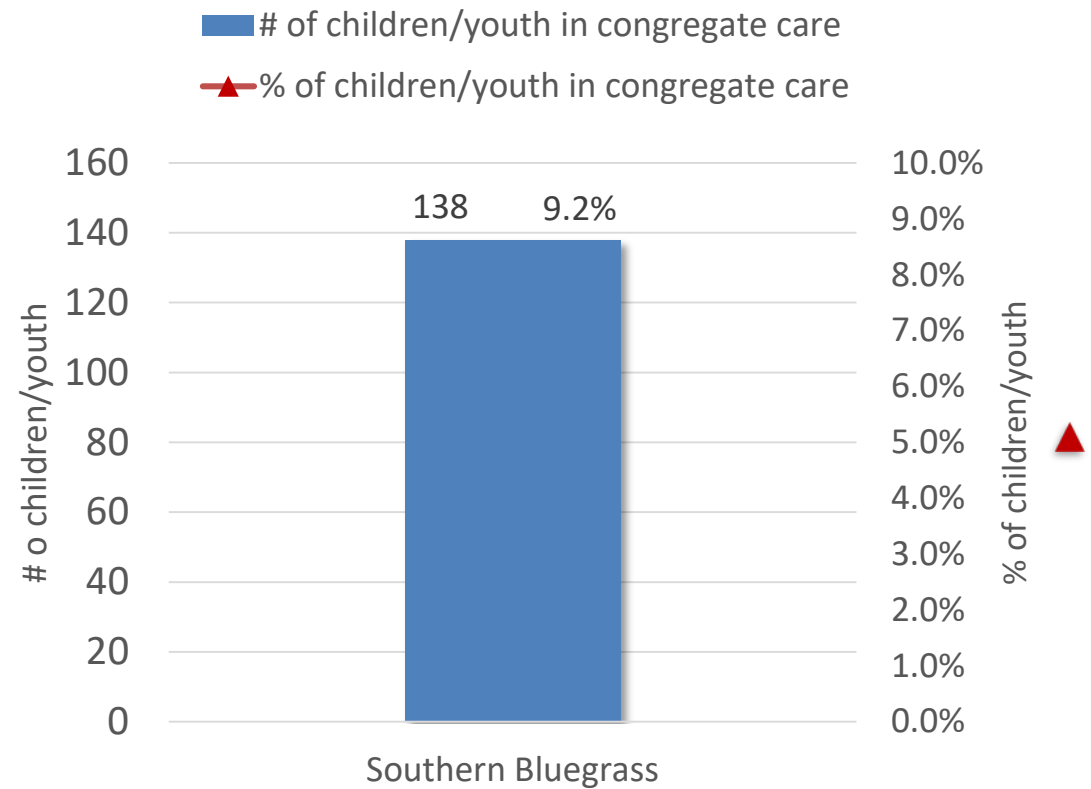


# Southern Bluegrass: Children/Youth in Congregate Care

## October 2020

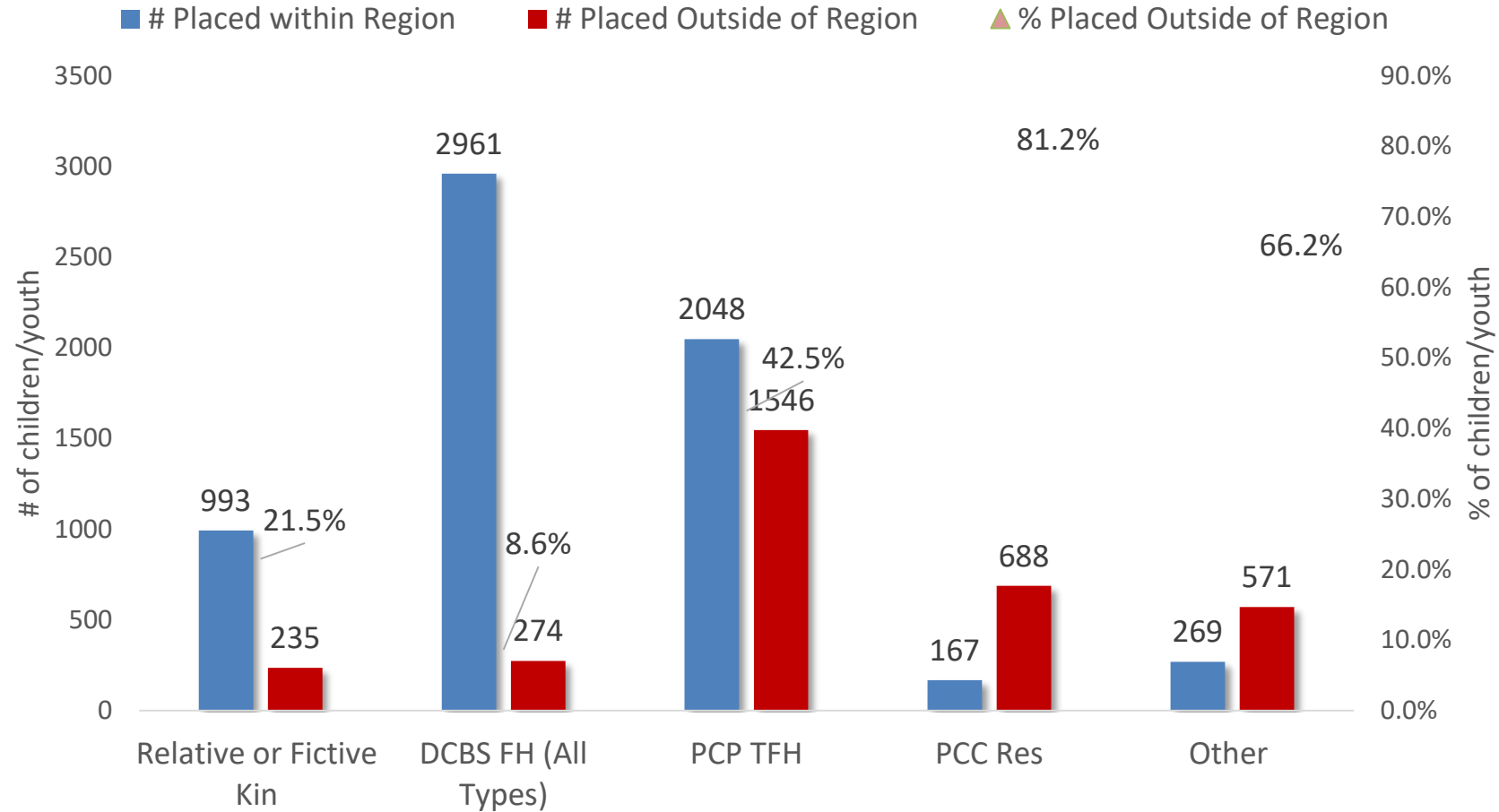


## October 2019



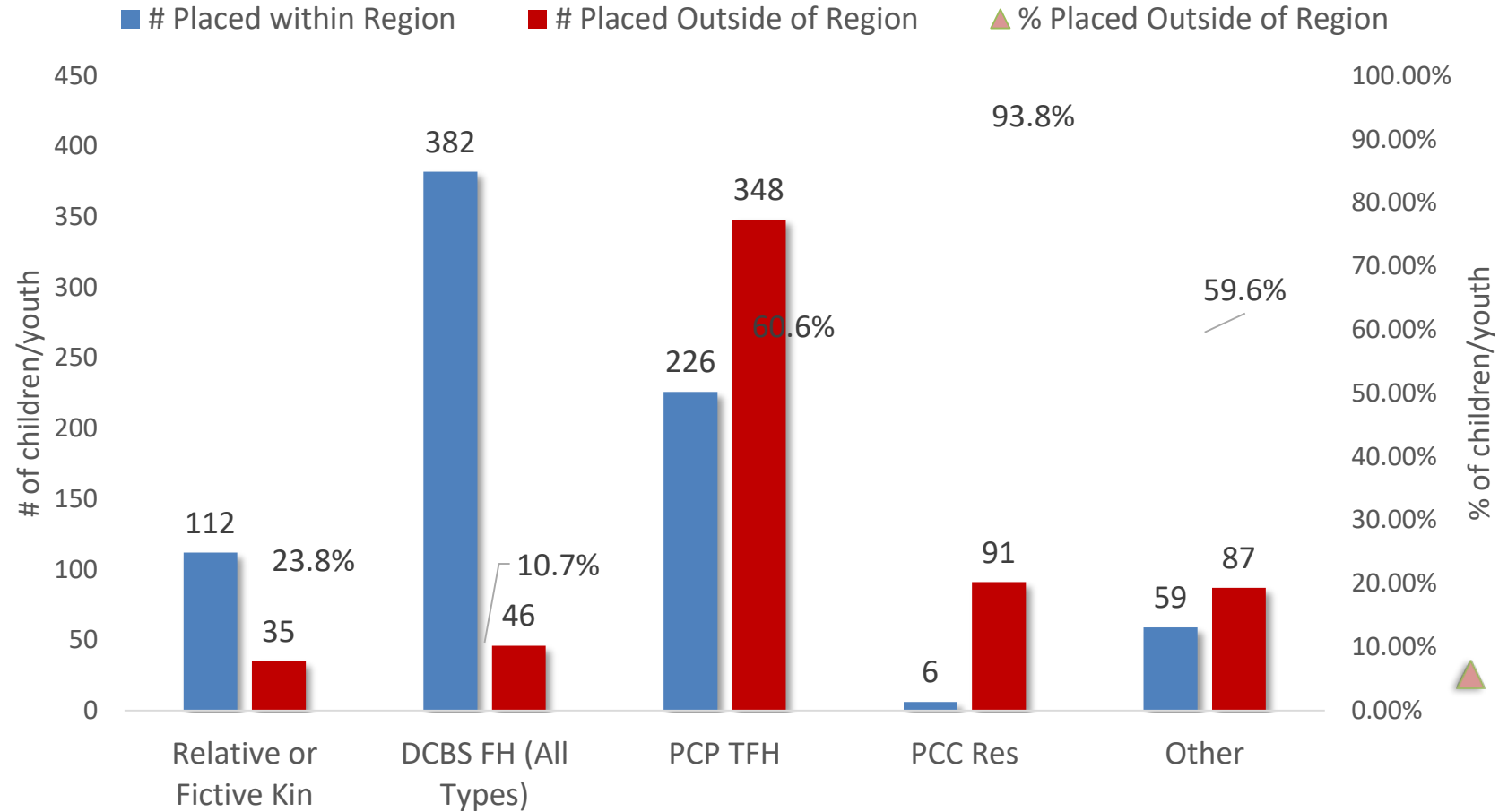
# Statewide: Children/Youth Placed Outside of Region

(34.0% of children/youth are placed outside of their removal region)



# Southern Bluegrass: Children/Youth Placed Outside of Region

(43.6% of children/youth are placed outside of their removal region)



# QRTP Implementation Status

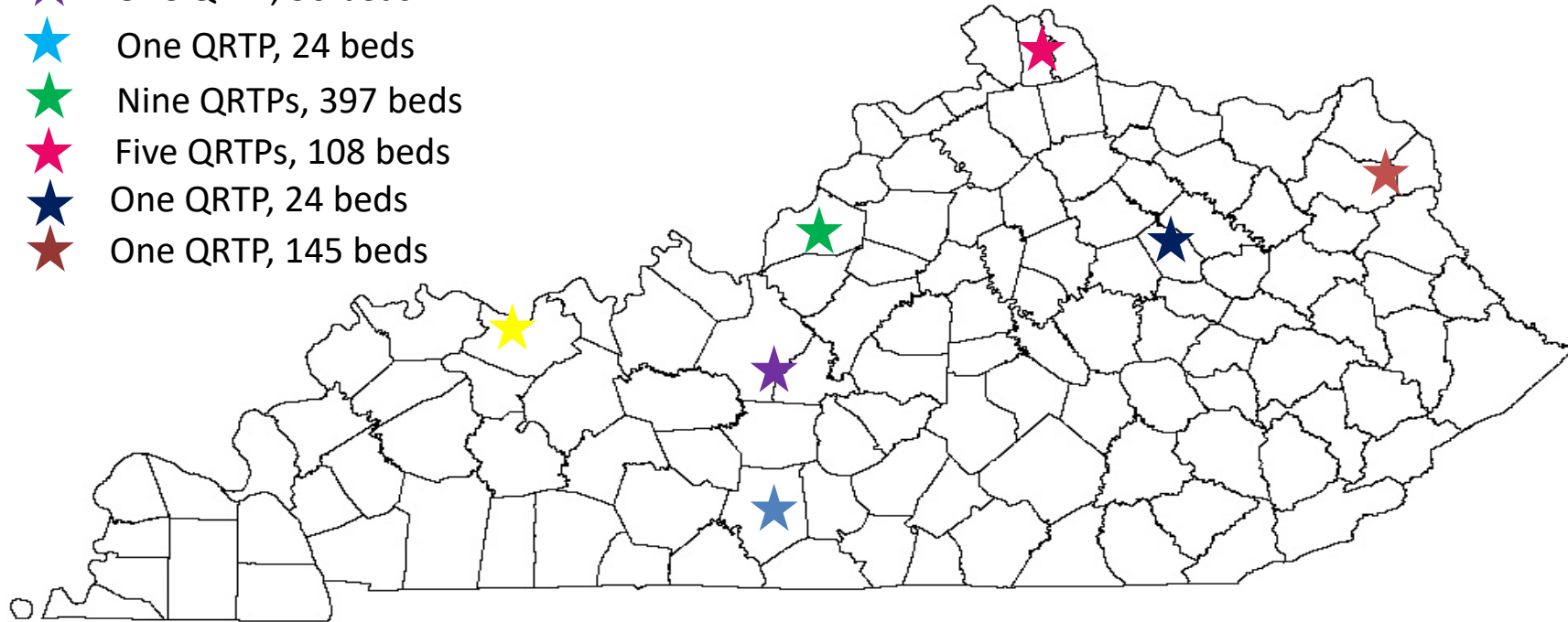
- 19 programs have submitted documentation that meets criteria for QRTP designation
- DCBS anticipates 21 additional campuses will have demonstrated QRTP readiness by the end of 2020, for a total of 40 QRTPs
- DCBS is moving forward with negotiating the contract for CRP to do QRTP Assessments; CRP will begin staffing their Assessments team when the contract has been negotiated
- We anticipate QRTP implementation at the start of the federal quarter beginning January 1, 2021



# KENTUCKY

## Qualified Residential Treatment Programs Readiness as of 9/29/2020

- ★ One QRTP, 10 beds
- ★ One QRTP, 50 beds
- ★ One QRTP, 24 beds
- ★ Nine QRTPs, 397 beds
- ★ Five QRTPs, 108 beds
- ★ One QRTP, 24 beds
- ★ One QRTP, 145 beds



0 50 100 kilometers  
0 50 100 miles

# Specialized Residential Treatment Services

- FFPSA applies significant restrictions to federal reimbursement for children and youth placed in congregate care
- In addition to QRTPs, there are settings offering specialized services that are eligible for Title IV-E reimbursement beyond two weeks

We are focusing on services for  
two special populations:

Pregnant and  
Parenting  
Teens

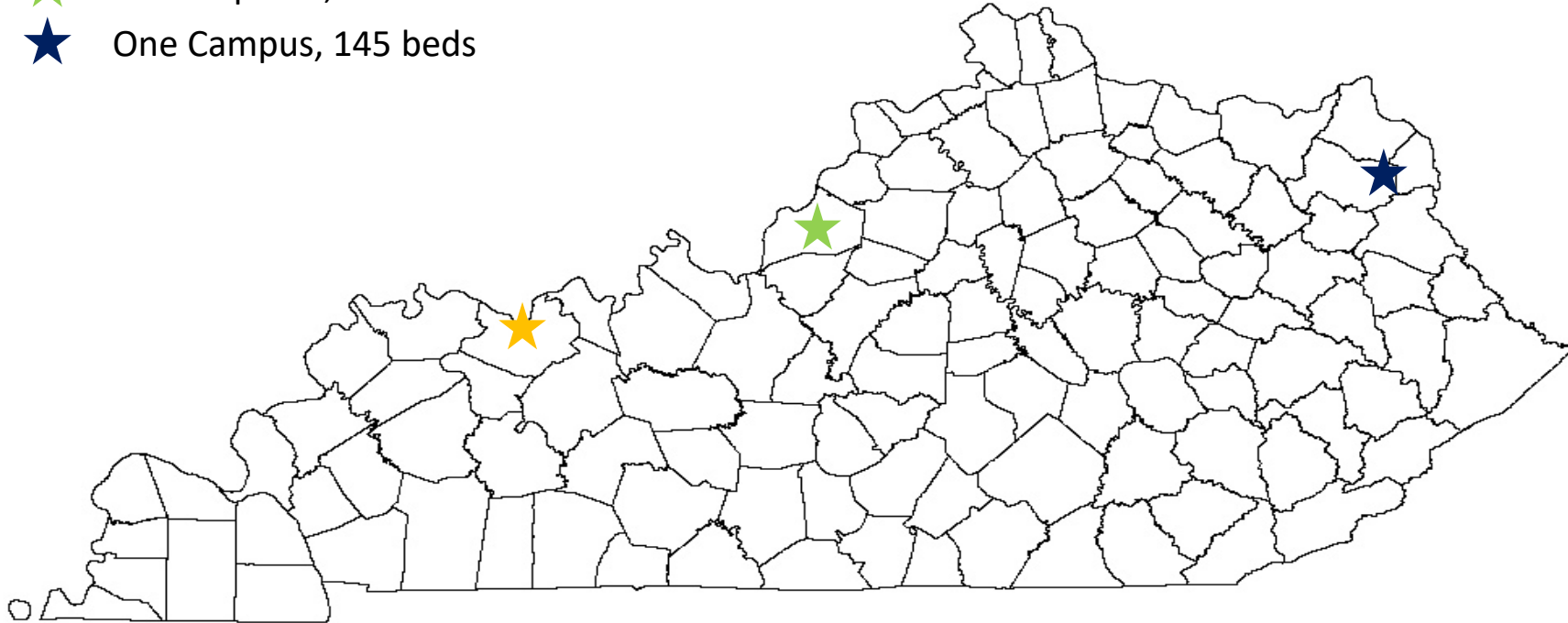
Victims of or  
at Risk of Sex  
Trafficking

# KENTUCKY

## Specialized Programs: Human Trafficking

Readiness as of 09/29/2020

- ★ One Campus, 10 beds
- ★ Six Campuses, 253 beds
- ★ One Campus, 145 beds

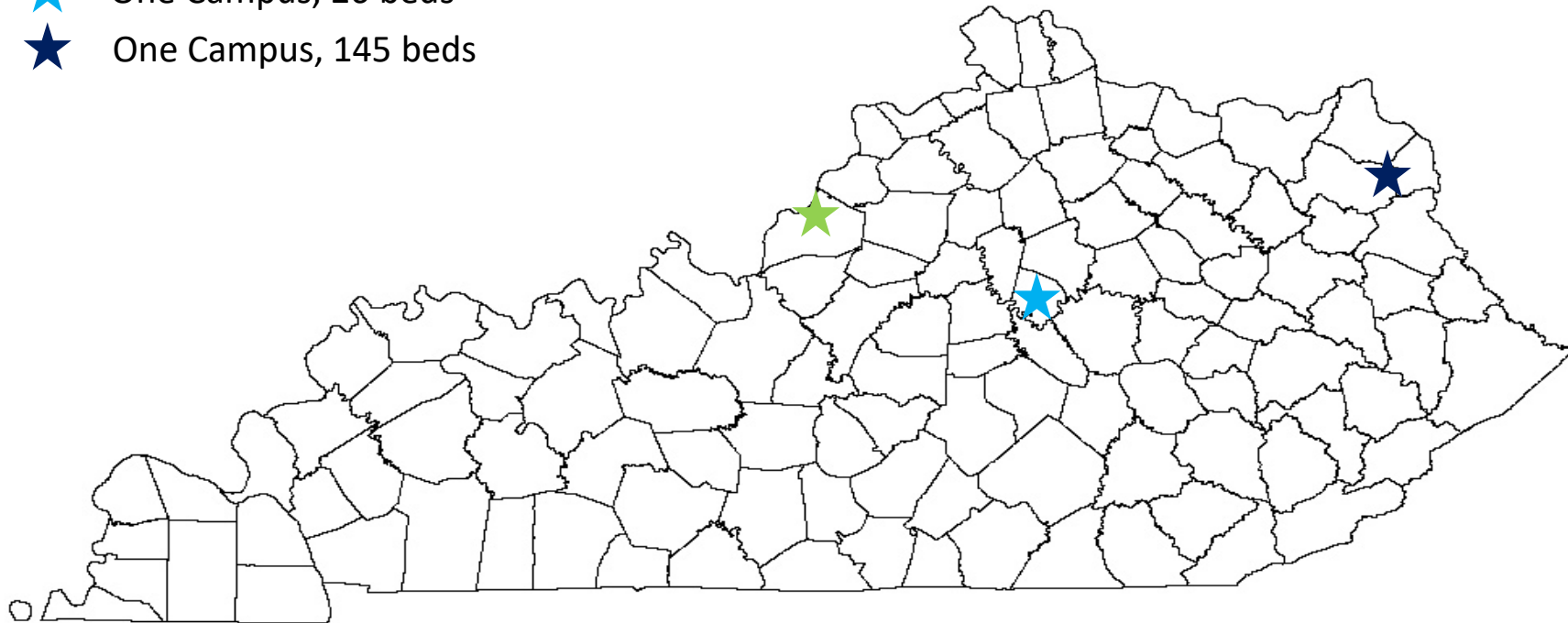


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0 50 100 miles

# KENTUCKY

Specialized Programs: Pregnant and Parenting Youth  
Readiness as of 09/29/2020

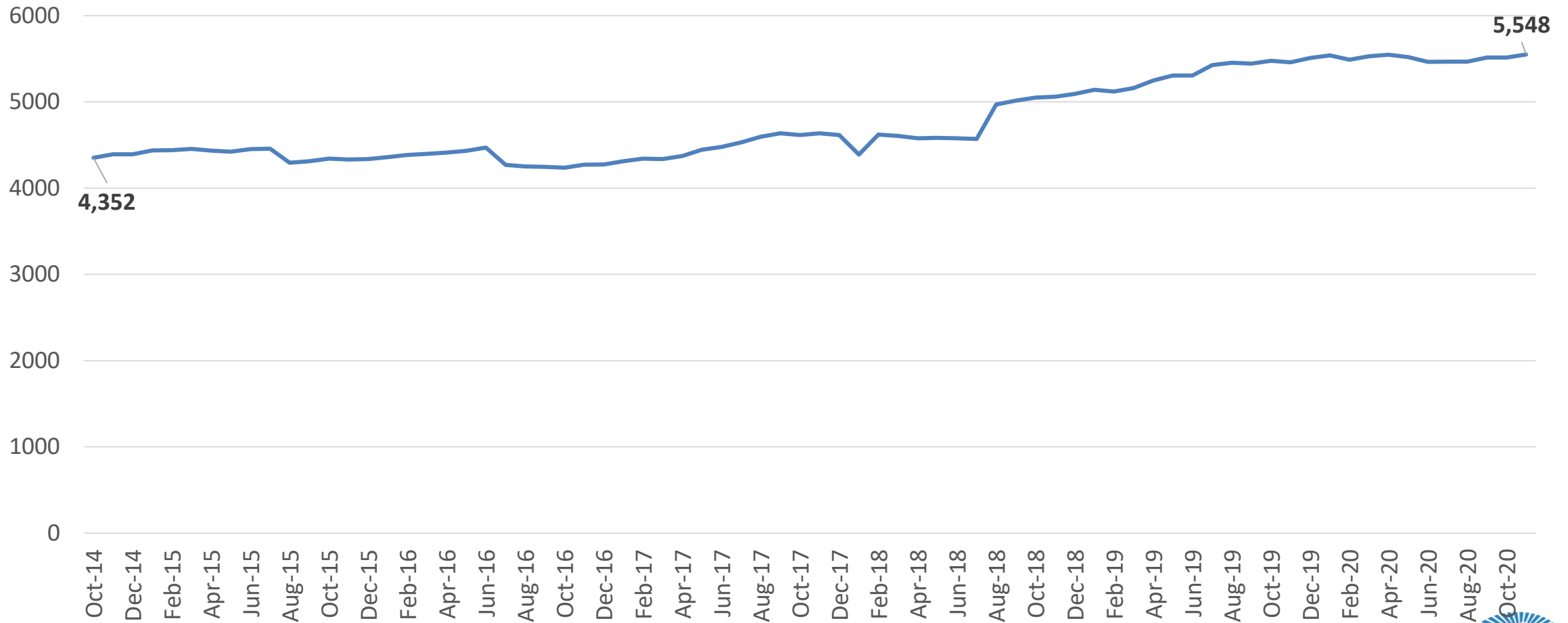
- ★ Four Campuses, 178 beds
- ★ One Campus, 26 beds
- ★ One Campus, 145 beds



0 50 100 kilometers  
0 50 100 miles

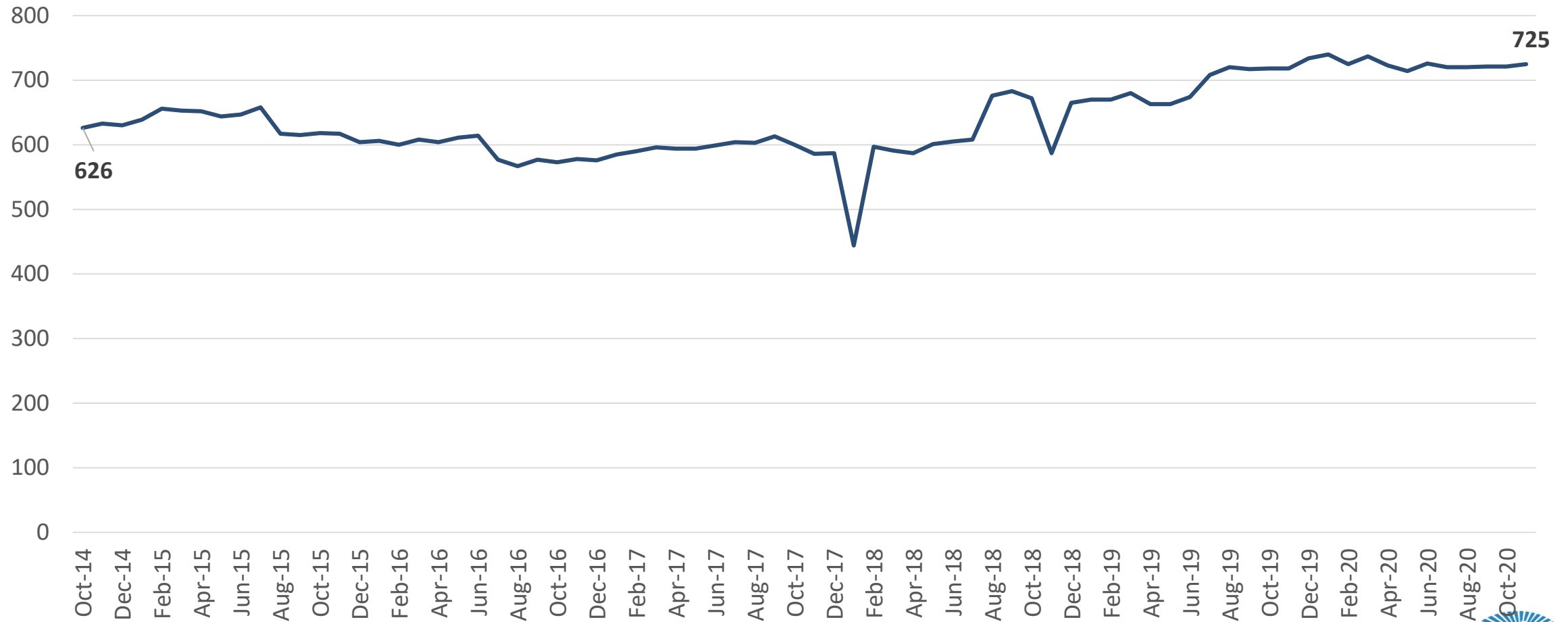
# Statewide: Number of DCBS and PCP Foster Homes

October 2014 – October 2020



# Southern Bluegrass: Number of DCBS and PCP Foster Homes

October 2014 – October 2020



# Recruitment

Go to [www.menti.com](https://www.menti.com) and use the code 4671041

What are the barriers for recruiting foster homes for older youth? 

